

#### 4- *It's time to face the truth*

**1 Corinthians 6:9** *Don't you know that evil people will not receive God's kingdom? Don't be fooled.*

In my early years of addiction, I looked up to and followed all the wrong people. My heroes were those that could drink the most, those that won the most fights, those that didn't care.

In recovery that changed! I realised being a hero has nothing to do with how macho you are and everything to do with what you believe and how committed you are to your beliefs.

Recovery is about facing the truth about what you believe and changing your beliefs if you need to.

- How has what I believed in the past got me in trouble?
- Which of my beliefs do I need to change?
- Am I ready and willing to change?

**Prayer:** God help me today to learn and follow what You believe about me?