

LIFE IS VALUABLE

Workouts in the gymnasium are useful, but a disciplined life in God is far more so, making you fit both today and forever.

1 Timothy 4:8

Living life in recovery according to God's will makes life valuable. Through this process God asked us to choose life through following Jesus rather than leading life according to our own sinful desires.

God wants us through the process to stop trying to control our own destiny and let Him guide us. This makes sense based on the way we lived prior to recovery and the fact that Christ knows better than us what is good for us and what we need to keep moving forward in life.

God also asks us to submit to Him in order that we might lose our self-centredness and understand the value of our own lives and the lives of others in our circle of influence.

- What value do you place on your life and the lives of others now that you are progressing spiritually in recovery?

Prayer: Lord help me to place the same value on life as You do.

I. GOD CREATED US

*God created human beings; he created them godlike, Reflecting God's nature. He created them male and female. **Genesis 1:27***

Hebrews 11:3 *By faith, we see the world called into existence by God's word, what we see created by what we don't see.*

John 1:3 *Everything was created through him; nothing—not one thing!—came into being without him.*

II. GOD LOVES US

Long before he laid down earth's foundations, he had us in mind, had settled on us as the focus of his love, to be made whole and holy by his love.

Ephesians 1:4

Romans 5:8 *God put his love on the line for us by offering his Son in sacrificial death while we were of no use whatever to him.*

Zephaniah 3:17 *God is present among you, a strong Warrior there to save you. Happy to have you back, he'll calm you with his love and delight you with his songs.*

III. GOD VALUES US

We don't have a priest who is out of touch with our reality. He's been through weakness and testing, experienced it all—all but the sin.

Hebrews 4:15

1 John 3:2 *Friends, that's exactly who we are: children of God. And that's only the beginning. Who knows how we'll end up! What we know is that when Christ is openly revealed, we'll see him—and in seeing him, become like him.*

God's name is a place of protection— good people can run there and be safe.

Proverbs 18:10