

WEEK ONE – I AM NOT ENOUGH

Romans 3:23 *Since we've compiled this long and sorry record as sinners, and proved that we are utterly incapable of living the glorious lives God wills for us,*

One of the hardest things for any of us to do is admit failure.

The 'Good News' is we are now in a place where everyone is on the same page, and we are all aiming for the same goal 'recovery from the pain our problems have caused us through our bad choices.'

None of us is good enough to achieve recovery on our own. The Bible tells us that. We all need God's help and we all need each other.

- Decide today to follow God's direction for your recovery.
- Find one person in your support group who you have something in common with and commit to helping each other.

Prayer: Just for today Lord I commit to doing whatever You direct me to do and when I am struggling seek out someone to share it with

Romans 3:21-26 In our time **something new has been added.** What Moses and the prophets witnessed to all those years has happened. The **God-setting-things-right** that we read about has become Jesus-setting-things-right for us. And not only for us, but **for everyone who believes in him.** For **there is no difference between us and them in this.** Since we've compiled this long and sorry record as sinners, and **proved that we are utterly incapable of living the glorious lives God wills for us,** God did it for us. Out of sheer generosity he put us in right standing with himself. A pure gift. He got us out of the mess we're in and **restored us to where he**

always wanted us to be. And he did it by means of Jesus Christ. **God sacrificed Jesus on the altar of the world to clear that world of sin.** Having faith in him sets us in the clear. God decided on this course of action in full view of the public—to set the world in the clear with himself through the sacrifice of Jesus, finally taking care of the sins he had so patiently endured. **This is not only clear, but it's now**—this is current history! God sets things right. He also makes it possible for us to live in his rightness.

WE ARE ON A DIFFERENT PATH

Success in recovery is knowing God personally and living in a way that pleases him. It is loving him with everything you have—your passion, prayer, and your intelligence. The more you get to know him, the more you will love him.

Jesus said, "*Love the Lord your God with all your passion and prayer and intelligence.*" **Matthew 22:37**

Ecclesiastes 10:10 *Remember: The duller the axe the harder the work; Use your head: The more brains, the less muscle.*

GOD-SETTING-THINGS-RIGHT

Refuse the kind of lifestyle choices the Bible says are worthless or dangerous to your long-term well-being. To obey God's Word is to align your values with God's.

God already made it plain how to live, what to do, what God is looking for in men and women. It's quite simple: Do what is fair and just, be compassionate and loyal in your love, and don't take yourself too seriously— take God seriously.

Micah 6:8

Godly living simply means valuing what God values. To have godly values, you need God living in you. He promises that when you ask him, he will send his Holy Spirit to live in you, helping you to value and to live out what is truly important

FAITH ALLOWS YOU TO WALK ON HIS PATH OF RECOVERY

One day at a time. It gives you the knowledge to know what the next right thing to do is and helps you to identify things that are no good for you.

2 Corinthians 1:21 *God affirms us, making us a sure thing in Christ, putting his Yes within us.*

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WHERE-HE-WANTS-US-TO-BE

You are not born with Godly character; it is developed through getting to know God and his Word and through experience and testing.

“NO ONE CAN MAKE YOU FEEL INFERIOR WITHOUT YOUR CONSENT.”

Deuteronomy 8:2 *Remember every road that God led you on pushing you to your limits, testing you so that he would know what you were made of, whether you would keep his commandments or not.*

Romans 5:3-6 *There's more to come: We continue to shout our praise even when we're hemmed in with troubles, because we know how troubles can develop passionate patience in us, and how that patience in turn forges the tempered steel of virtue, keeping us alert for whatever God will do next. In alert expectancy such as this, we're never left feeling short-changed. Quite the contrary—we can't round up enough containers to hold everything God generously pours into our lives through the Holy Spirit! Christ arrives right on time to make this happen. He didn't, and doesn't, wait for us to get ready. He presented himself for this sacrificial death when we were far too weak and rebellious to do anything to get ourselves ready. And even if we hadn't been so weak, we wouldn't have known what to do anyway.*

NOW IS THE TIME

You must be alert at all times for the sneak attacks of the devil.

1 Peter 5:8 *Keep a cool head. Stay alert. The Devil is poised to pounce and would like nothing better than to catch you napping.*

Under attack by the Devil Jesus relied on the Word of God to resist the Devils lies.

Ephesians 6:11-13 *Take everything the Master has set out for you, well-made weapons of the best materials. And put them to use so you will be able to stand up to everything the Devil throws your way. This is no afternoon athletic contest that we'll walk away from and forget about in a couple of hours. This is for keeps, a life-or-death fight to the finish against the Devil and all his angels. Be prepared. You're up against far more than you can handle on your own. Take all the help you can get, every weapon God has issued, so that when it's all over but the shouting you'll still be on your feet.*

“SELF-CARE IS NEVER A SELFISH ACT--IT IS SIMPLY GOOD STEWARDSHIP OF THE ONLY GIFT I HAVE, THE GIFT I WAS PUT ON EARTH TO OFFER TO OTHERS.”