

IT STARTS WITH GOD

Remember, there is only one foundation, the one already laid: Jesus Christ. 1 Corinthians 3:11

A large contributor to how well we progress in recovery is based on what we do at the beginning, what foundations we establish to build our new lives on.

I never understood this when I first came to recovery. I thought you do the Twelve Steps, one to twelve and when you have done them all you have recovery. But there's more to it than that. Because when we first enter recovery many of us are too sick to understand the twelve steps. That's why I believe one of the first things we should all do in the process of recovery is establish clear spiritual foundations (because it's a spiritual program) and make them the foundation stones of our recovery. **Failing to build on an enduring foundation leads to destruction.**

- What are your foundation stones of recovery?

Prayer: Lord help me today to identify Your foundations stones to life-changing recovery.

I. GROWTH IN UNDERSTANDING

Grow in grace and understanding of our Master and Saviour, Jesus Christ. Glory to the Master, now and forever! Yes!

2 Peter 3:18

Proverbs 18:2 *Fools care nothing for thoughtful discourse; all they do is run off at the mouth.*

Proverbs 2:2 *Tune your ears to the world of Wisdom; set your heart on a life of Understanding.*

II. GROWTH IN OBEDIENCE

We pray that you'll live well for the Master, making him proud of you as you work hard in his orchard. As you learn more and more how God works, you will learn how to do your work. Colossians 1:10

Acts 5:29 *"It's necessary to obey God rather than men."*

1 Peter 1:14 *Don't lazily slip back into those old grooves of evil, doing just what you feel like doing. You didn't know any better then; you do now.*

III. GROWTH IN FAITH

There has never been the slightest doubt in my mind that the God who started this great work in you would keep at it and bring it to a flourishing finish on the very day Christ Jesus appears. Philippians 1:6

Don't fool yourself into thinking that you are a listener when you are anything but, letting the Word go in one ear and out the other. Act on what you hear! Those who hear and don't act are like those who glance in the mirror, walk away, and two minutes later have no idea who they are, what they look like.

James 1:22-24