

Talk to God About Recovery

Psalm 17:6 *My God, I call out to you because you will answer me. Listen to me. Hear my prayer.*

Prayer in recovery is not optional. It is a necessity. It helps us to realise the problems. It helps us focus on solutions to change them and it helps us develop a loving, caring relationship with god where He can help us initiate the solutions.

When I commenced regular prayer, they were prayers all about my needs. Somewhere along the line I realised God already knew what I needed and what he was providing was better than I expected.

When your prayer life stops being all about getting and more about giving amazing things start happening. I could write another book just on the amazing things God has done for me because I made myself available to Him and obeyed when He called.

Recovery requires continual prayer and alone time with God.

- Have you prayed today?

Prayer: Lord help me to prioritise time with You each day as I go through the process of recovery.

Psalms 17:5-8 My steps have stayed on your paths. My feet have not slipped. God, I call out to you because you will answer me. Listen to me. Hear my prayer. Show the wonder of your great love. By using your powerful right hand, you save those who go to you for safety from their enemies. Take good care of me, just as you would take care of your own eyes. Hide me in the shadow of your wings.

Prayer Is Asking God for help

Psalms 40:13 Please, Lord, rescue me! Come quickly, Lord, and help me.

A Warning About Prayer

God does not hear our prayers if we are purposely sinning

Micah 3:4 *You beg the Lord for help in times of trouble! Do you really expect Him to answer? After all the evil you have done, He won't even look at you!"*

Some Things We Need To Know About Prayer

Prayer should not be a show

Matthew 6:6 *When you pray, go away by yourself, shut the door behind you, and pray to your Father in private. Then your Father, who sees everything, will reward you.*

Pray with an attitude of humility

Luke 18:9-14 *Then Jesus told this story to some who had great confidence in their own righteousness and scorned everyone else: "Two men went to the Temple to pray. One was a Pharisee, and the other was a despised tax collector. The Pharisee stood by himself and prayed this prayer: 'I thank You, God, that I am not a sinner like everyone else. For I don't cheat, I don't sin, and I don't commit adultery. I'm certainly*

not like that tax collector! I fast twice a week, and I give You a tenth of my income.' "But the tax collector stood at a distance and dared not even lift his eyes to heaven as he prayed. Instead, he beat his chest in sorrow, saying, 'O God, be merciful to me, for I am a sinner.' I tell you, this sinner, not the Pharisee, returned home justified before God. For those who exalt themselves will be humbled, and those who humble themselves will be exalted."

Pray all the time

Ephesians 6:18 *Pray in the Spirit at all times and on every occasion. Stay alert and be persistent in your prayers for all believers everywhere.*

Pray without doubting

James 1:6 *When you ask Him, be sure that your faith is in God alone. Do not waver, for a person with divided loyalty is as unsettled as a wave of the sea that is blown and tossed by the wind.*

Pray with the right motives

James 4:3 *Even when you ask, you don't get it because your motives are all wrong—you want only what will give you pleasure.*

Pray according to God's will

1 John 5:14-15 *We are confident that He hears us whenever we ask for anything that pleases Him. And since we know He hears us when we make our requests, we also know that He will give us what we ask for.*

Pray in Jesus' name

John 16:23-24 *At that time you won't need to ask Me for anything. I tell you the truth, you will ask the Father directly, and He will grant your request because you use My name. You haven't done this before. Ask, using My name, and you will receive, and you will have abundant joy*

Step Eleven

In order to discover God's purpose for my life, implement it and to improve my relationship with Him, I will spend time daily in prayer, reading the Bible and meditating on it.

Recovery begins with prayer, reading the Bible and meditation.

Matthew 18:20 "When two or three of you are together because of me, you can be sure that I'll be there."

Luke 18:1 *Jesus told them a story showing that it was necessary for them to pray consistently and never quit.*

James 1:5-6 *If you don't know what you're doing, pray to the Father. He loves to help. You'll get his help and won't be condescended to when you ask for it. Ask boldly, believingly, without a second thought. People who "worry their prayers" are like wind-whipped waves.*

Luke 2:19 *Mary quietly treasured these things in her heart and often thought about them.*

Psalms 119:147-148 *Early in the morning before the sun is up, I am praying and pointing out how much I trust in you. I stay awake through the night to think about your promises.*

2 Timothy 3:16 *Every part of Scripture is God-breathed and useful one way or another--showing us truth, exposing our rebellion, correcting our mistakes, training us to live God's way.*

1 Peter 2:2 *Like infants at the breast, drink deep of God's pure kindness. Then you'll grow up mature and whole in God.*

1 Corinthians 2:14-15 *The unspiritual self, just as it is by nature, can't receive the gifts of God's Spirit. There's no capacity for them. They seem like so much silliness. Spirit can be known only by spirit--God's Spirit and our spirits in open communion. Spiritually alive, we have access to everything God's Spirit is doing.*